



Remember to Get *Preventive Care*

Getting regular checkups and exams can help you stay well and catch problems early. It may even save your life.

Teamsters Security Fund of Southern Nevada—Local 14 covers 100% of the preventive care services listed below, if you receive them from in-network providers. You may have to pay for these services if you choose out-of-network providers.

What's the difference between preventive and diagnostic care? Preventive care helps protect you from getting sick. Diagnostic care is used to find the cause of an existing illness. Be sure to ask your doctor what preventive care services are right for you. See your Summary Plan Description for more information.



Covered In-Network Preventive Care Services

CHILD PREVENTIVE CARE (birth through age 18)

PREVENTIVE PHYSICAL EXAMS & SCREENING TESTS (depending on age)

- Behavioral counseling to promote healthy diet
- Blood pressure
- Cholesterol and lipid level
- Depression
- Development and behavior
- Hearing
- Height, weight, and Body Mass Index (BMI)
- Hemoglobin or hematocrit (blood count)
- Lead testing
- Obesity, including counseling
- Oral (dental health)
- Sexually transmitted infections
- Vision

IMMUNIZATIONS

- Whooping cough
- Flu shots
- Hepatitis A and Hepatitis B
- Measles, mumps and rubella
- Meningitis
- Pneumonia
- Polio
- Rotavirus
- Chicken pox



Adult Preventive Care (age 19 and older)

PREVENTIVE PHYSICAL EXAMS & SCREENING TESTS (depending on age)

- Aortic aneurysm screening (men who have smoked)
- Blood pressure
- Bone density screening for osteoporosis
- Breast cancer, including exam and mammogram
- Breastfeeding support, supplies and counseling for women
- Cholesterol and lipid level
- Colorectal cancer, including fecal occult blood test, barium enema, screening colonoscopy and CT colonoscopy
- Contraceptive birth control counseling and FDA-approved birth control methods requiring prescription (female)
- Depression
- Eye chart test for vision
- Hearing
- Height, weight, and BMI
- HIV screening
- HPV (female)
- Pelvic exam and pap test, including screening for cervical cancer
- Prostate cancer, including digital rectal exam and PSA test
- Sexually transmitted infections

IMMUNIZATIONS

- Whooping cough
- Hepatitis A and B
- HPV
- Flu shots
- Meningitis
- MMR
- Pneumonia
- Chicken pox
- Shingles

