

Needing care *now* doesn't have to be an emergency

Know your options for the closest, fastest and most affordable care when you need it most.

Your urgent care options:



› Who says you have to leave home?

Using LiveHealth Online, you can have live video chats with board-certified doctors who are able to provide diagnoses, treatments and even prescriptions for common health problems, 24/7.¹

All you need is a smartphone, tabletop computer with a web cam to get started. No appointments, no driving and minimal waiting — plus a reasonable \$49 fee. Just sign up at livehealthonline.com or download the app.



› Need stitches, lab work or X-rays after-hours or on weekends? For hands-on help, go to your nearest:

— Retail health clinic: staffed by medical professionals who provide basic health services to “walk-in” patients; usually located in major pharmacies or retail stores, such as Walgreens and CVS



— Walk-in doctor's office: doesn't require you to already be a patient or have an appointment; can handle routine care and common illnesses.



— Urgent care center: group of doctors who treats conditions that require immediate care, but aren't as severe as emergencies.

Deciding where to go...

If you want medical advice on whether emergency or urgent care makes more sense for your health issue, ask your doctor first. If your doctor's out, you can call 24/7 NurseLine at 1 (800) 337-4770 to speak with registered nurses any time of the day or night, 365 days a year. These nurses can offer guidance, as well as refer you to the LiveHealth Online tool or local urgent care offices. You can also go to anthem.com and select Find a Doctor to locate urgent care facilities in your area.

Did you know?

The average cost of an ER visit is \$1,500-\$3,000!²

¹ Prescription availability is defined by physician judgment and state regulations. LiveHealth Online is available in most states and expected to expand to more in the near future. Visit the home page of livehealthonline.com to view the service map by state.

² These are average health plan copays. Your health plan may not have an emergency room copay. And for many members, deductibles and coinsurance may apply, which can make an even greater difference in the cost between an emergency room and alternate site of care.

Examples of typical urgent care vs. ER problems

When to choose urgent care

	Who usually provides care	Sprains, strains	Animal bites	X-rays	Stitches	Mild asthma	Minor headaches	Back pain	Nausea, vomiting, diarrhea	Minor allergic reactions	Coughs, sore throat	Bumps, cuts, scrapes	Rashes, minor burns	Minor fevers, colds	Ear or sinus pain	Burning with urination	Eye swelling, irritation, redness or pain	Vaccinations	Average cost
Retail health clinic	Physician assistant or nurse practitioner									●	●	●	●	●	●	●	●	●	\$10-\$50 copay
Walk-in doctor's office	Primary care doctor					●	●	●	●	●	●	●	●	●	●	●	●	●	\$10-\$50 copay
Urgent care center	Internal medicine, family practice, pediatric and ER doctors	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	\$10-\$75 copay

When to go to the ER

Any life-threatening or disabling condition	Severe shortness of breath	Cut or wound that won't stop bleeding
Sudden or unexplained loss of consciousness	High fever with stiff neck, mental confusion or difficulty breathing	Major injuries
Chest pain; numbness in the face, arm or leg; difficulty speaking	Coughing up or vomiting blood	Possible broken bones

Southern Nevada PPO

Advanced Urgent Care and Nightlight Pediatrics, 9975 S Eastern Ave, #110, Henderson, NV 89183, 1-702-361-2273
 CareNow Urgent Care, 10652 S Eastern Ave, Ste A, Henderson, NV 89052, 1-702-476-2800
 CareNow Urgent Care, 7040 S. Durango Dr, Las Vegas, NV 89113 1-702-260-1261
 CareNow Urgent Care, 2269 N Green Valley Pkwy, Henderson, NV 89014, 1-702-855-0500
 CareNow Urgent Care, 585 College Drive, Ste C, Henderson, NV 89015, 1-725-777-3200
 CareNow Urgent Care, 8300 W Cheyenne Ave, #106, Las Vegas, NV 89129, 1-702-656-0911
 CareNow Urgent Care, 4575 W Charleston Blvd, Las Vegas, NV 89102, 1-702-877-8777
 CareNow Urgent Care, 6125 W Tropicana Ave, Ste A, Las Vegas, NV 89103 1-702-702-8900
 CareNow Urgent Care, 3020 W Ann Rd, Las Vegas, NV 89031, 1-702-701-9501
 CareNow Urgent Care, 4075 S Durango Dr, Ste 108, Las Vegas, NV 89147, 1-702-701-9509
 CareNow Urgent Care, 4900 W Craig Rd, Las Vegas, NV 89130, 1-702-901-8231
 CareNow Urgent Care, 10530 Southern Highlands Parkway, #150, Las Vegas, NV 89141, 1-725-777-3350
 CareNow Urgent Care, 9785 S Maryland Parkway, Ste A-2, Las Vegas, NV 89183, 1-702-474-0077
 CareNow Urgent Care, 5891 E Charleston Blvd, Ste 150, Las Vegas, NV 89142, 1-725-777-3120
 CareNow Urgent Care, 2202 W Craig Rd, North Las Vegas, NV 89032, 1-702-826-3200
 CareNow Urgent Care, 7424 S Rainbow Blvd, Las Vegas, NV 89139, 1-702-464-3213
 CareNow Urgent Care, 5570 Camino Al Norte, N. Las Vegas, NV 89031, 1-702-657-0756
 Children's Urgent Care & Pediatric Clinic, 1600 W Sunset Rd, Ste A, Henderson, NV 89014, 1-702-898-6400
 Children's Urgent Care & Pediatric Clinic, 3424 N. Buffalo Dr, Ste 100, Las Vegas, NV 89129, 1-702-233-0174
 Clinic 21 of Nevada, 5216 Boulder Hwy, Ste 105, Las Vegas, NV 89122, 1-702-547-6609

(continued)

Southern Nevada PPO/HMO and Pathway/Pathway X *(continued)*

Concentra Urgent Care, 149 N Gibson Rd, Ste H, Henderson, NV 89014, 1-702-558-6275
Concentra Urgent Care, 3900 Paradise Rd, Ste V, Las Vegas, NV 89169, 1-702-369-0560
Concentra Urgent Care, 5850 S Polaris Rd, Ste 100, Las Vegas, NV 89118, 1-702-739-9957
Concentra Urgent Care, 151 W Brooks Ave, North Las Vegas, NV 89030, 1-702-399-6545
Dynamic Urgent Care, 2920 N. Green Valley Pkwy, Ste 800 Bldg 8, Henderson, NV 89014, 1-725-200-3232
Good Night Pediatrics of Nevada, 2651 N Green Valley Pkwy, Ste 101D, Henderson, NV 89014, 1-702-939-6800
Healthcare Clinic at select Walgreens, 1701 N Green Valley Pkwy, Henderson, NV 89074, 1-866-825-3227
Healthcare Clinic at select Walgreens, 3765 Las Vegas Blvd S, Las Vegas, NV 89109, 1-866-825-3227
Healthcare Clinic at select Walgreens, 9415 W Desert Inn Rd, Las Vegas, NV 89117, 1-866-825-3227
Healthcare Clinic at select Walgreens, 8500 W Cheyenne Ave, Las Vegas, NV 89129, 1-866-825-3227
Healthcare Clinic at select Walgreens, 7599 W Lake Mead Blvd, Las Vegas, NV 89128, 1-866-825-3227
Healthcare Clinic at select Walgreens, 6865 W Tropicana Ave, Las Vegas, NV 89103, 1-866-825-3227
Healthcare Clinic at select Walgreens, 2389 E Windmill Ln, Las Vegas, NV 89123, 1-866-825-3227
Healthcare Clinic at select Walgreens, 3339 S Las Vegas Blvd, Las Vegas, NV 89109, 1-866-825-3227
Healthcare Clinic at select Walgreens, 4895 Boulder Hwy, Las Vegas, NV 89121, 1-866-825-3227
Healthcare Clinic at select Walgreens, 1445 W Craig Rd, North Las Vegas, NV 89032, 1-866-825-3227
Healthcare Clinic at select Walgreens, 4771 W Craig Rd, North Las Vegas, NV 89032, 1-866-825-3227
HealthCare Partners Nevada, 595 W Lake Mead Pkwy, Henderson, NV 89015, 1-702-566-5500
HealthCare Partners Nevada, 4880 S Wynn Rd, Las Vegas, NV 89103, 1-702-871-5005
HealthCare Partners Nevada, 9499 W Charleston Blvd, Ste 150, Las Vegas, NV 89117, 1-702-228-5477
HealthCare Partners Nevada, 1501 E Calvada Blvd, Pahrump, NV 89048, 1-775-727-5500
Las Vegas Urgent Care, 2901 N Tenaya Wy, Ste 200, Las Vegas, NV 89128, 1-702-255-0500
Minute Clinic, 3645 Las Vegas Blvd S, Las Vegas, NV 89109, 1-866-389-2727
Minute Clinic, 2662 W Horizon Ridge Pkwy, Henderson, NV 89052, 1-866-389-2727
Minute Clinic, 21 W Horizon Ridge Pkwy, Henderson, NV 89012, 1-866-389-2727
Minute Clinic, 3758 S Las Vegas Blvd, Las Vegas, NV 89109, 1-866-389-2727
Minute Clinic, 1825 E Warm Springs Rd, Las Vegas, NV 89119, 1-866-389-2727
Minute Clinic, 7285 S Durango Dr, Las Vegas, NV 89113, 1-866-389-2727
Minute Clinic, 3290 S Fort Apache Rd, Las Vegas, NV 89117, 1-866-389-2727
Minute Clinic, 8116 S Las Vegas Blvd, Las Vegas, NV 89123, 1-866-389-2727
Minute Clinic, 4755 W Ann Rd, North Las Vegas, NV 89031, 1-866-389-2727
Parkway Urgent Care/Genesis Medical Group, 100 N Green Valley Pkwy, Ste 110, Henderson, NV 89074, 1-702-436-7700
Procure Medical Center, 6870 S Rainbow Blvd, Ste 106 and 107, Las Vegas, NV 89118, 1-702-396-6000
Procure Medical Center, 2208 S Nellis Blvd, Las Vegas, NV 89104, 1-702-475-9000
UMC Enterprise Quick Care, 1700 Wheeler Peak Dr, Las Vegas, NV 89106, 1-702-383-2565
UMC Nellis Quick Care, 61 N Nellis Blvd, Las Vegas, NV 89110, 1-702-383-6240
UMC Peccole Quick Care, 9320 W Sahara Ave, Las Vegas, NV 89117, 1-702-383-3850
UMC Rancho Quick Care, 4231 N Rancho Rd, Las Vegas, NV 89130, 1-702-383-3800
UMC Spring Valley Quick Care, 4180 S Rainbow Blvd, Ste 810, Las Vegas, NV 89103, 1-702-383-3645
UMC Summerlin Quick Care, 2031 N Buffalo Dr, Las Vegas, NV 89128, 1-702-383-3750
UMC Sunset Quick Care, 525 Marks St, Henderson, NV 89014, 1-702-383-6210

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