



Benefits Basics #15:

Coming in 2019: Your Teamsters Local 14 Family Wellness Centers

Your Teamsters Local 14 Family Wellness Centers will open in 2019, providing high-quality, confidential medical care, access to certain prescription drugs, and lab work for PPO Plan members and their families—with no out-of-pocket cost! HMO Plan members can also take advantage of the centers during 2019. Find out more about these convenient centers in this issue of **Benefits Basics**.

No-Cost Health Care at Two Convenient Locations

The Teamsters Local 14 Board of Trustees is working with Activate Healthcare to develop Family Wellness Centers in Henderson and Northwest Las Vegas. You can use these centers for the same services you get from your primary care physician or general medical clinic, including:

- **Primary/acute health care** – Illnesses/sick visits, such as sore throat, earache, respiratory illness, digestive issues, and general pain; condition management for asthma, diabetes, high blood pressure, high cholesterol and other issues; lab/blood work; allergies; other medical care you would normally get from a doctor or medical clinic.
- **Preventive Care** – Physicals and annual wellness checkups, flu shots, health coaching, health profiles, personal health goal development.
- **Medication** – Approximately 50 to 75 generic prescription medications dispensed on-site. Prescriptions must be written by Family Wellness Center providers. If another provider prescribes a medication that is available at the Family Wellness Center, you can schedule an appointment with a center provider to discuss whether it can be filled there.

When needed, center providers will refer you to cost-effective, high-quality specialists and outside services. They can also consult with Activate medical experts across the country to identify and resolve a number of health conditions, which may eliminate the need for a specialist visit altogether.

You can visit the Family Wellness Centers as much or as little as you want, and still continue to see your primary care physician. Physician visits outside of the Family Wellness Centers will continue to be subject to deductibles and copays. However, the Trustees encourage you to make one of these centers your primary medical care home. Consider changing your primary care services to your Family Wellness Center physician!

Why Visit a Teamsters Local 14 Family Wellness Center?

- **Affordable** – Services and medications are free (no copays or deductibles) to Teamsters Local 14 PPO Plan members and their covered dependents, as well as HMO Plan members during 2019.
- **Confidential** – Of course, your medical information will be kept confidential, which is required by law. Activate Healthcare will not share medical information of any kind with the local or your employer. Information can be shared with your personal physician at your request.
- **Convenient** – The centers will be conveniently located in Henderson and Northwest Las Vegas. You'll usually be able to schedule same-day visits and experience minimal waiting times.

Who Is Activate Healthcare?

Activate Healthcare, who will staff and manage the Family Wellness Centers, operates health and wellness centers across the country for organizations, employers, and plans of all sizes. Activate's mission is to *"transform health care by activating associates and their families to take charge of their health and organizations to take charge of health care costs."* They accomplish this through on-site and near-site health and wellness centers that deliver primary care with the time, tools, and dedicated staff to make a difference to each individual.



ACTIVATE
HEALTHCARE



Teamsters Local 14 Family Wellness Centers Timeline

Opening in February: Family Wellness Center in Henderson, 1505 Wigwam Parkway, #241.

Anticipated Opening in May: Family Wellness Center in Northwest Las Vegas, 2831 Business Park Court.

Watch your home mail or visit www.teamsters14benefits.com for more details about these centers, coming shortly before they open.

Meet Your Medical Team!

Your Family Wellness Center medical team has been carefully selected with input from the Teamsters Local 14 Board of Trustees, in partnership with Activate Healthcare. You'll hear more about additional team members soon.



JILLIAN SCOTT, MD

Dr. Scott is a board-certified family medicine physician who will begin seeing patients in Henderson and move to the Northwest Las Vegas site when it opens. She strives for a strong partnership with her patients, allowing them to make informed healthcare decisions that best align with their values and beliefs. After earning her BA degree in psychology from the University of San Diego, Dr. Scott earned her medical degree from the University of Nevada Reno School of Medicine.



WENDY PERKINS, APRN-BC

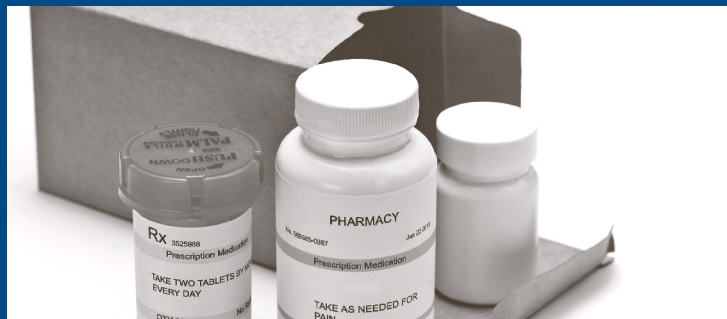
Wendy is a board-certified nurse practitioner who will be serving members in the Henderson location. She promotes preventive health and focuses on well-being so her patients can achieve optimal outcomes. Wendy earned her Master of Science degree in nursing from the University of Nevada Las Vegas.



SYDNEY HARASYM, PA-C

Sydney is a board-certified physician assistant who will be serving members in the Northwest Las Vegas location. She finds nothing more satisfying than going out of her comfort zone and discovering that can work—and enjoys challenging her patients to do the same. Sydney earned two bachelor's degrees from the University of Redlands, in biology and in English literature, and a Master of Health Sciences degree from the Duke Physician Assistant Program.

Other News about Your Benefits...



NEW PPO PLAN PRESCRIPTION MAIL ORDER PHARMACY

On January 1, 2019, EnvisionMail replaced Costco as our PPO Plan prescription mail order pharmacy. If you have a mail order prescription, you are now receiving your medication from EnvisionMail. To set up prescription mail order for the first time, visit www.envisionpharmacies.com or call (866) 909-5170. Also, our specialty medications provider is now EnvisionSpecialty. For information about specialty medications, visit www.envisionspecialty.com or call (877) 437-9012.



IMPORTANT NOTE ABOUT ELITE MEDICAL CENTER

Keep in mind that Elite Medical Center is a community hospital with a free-standing emergency room, similar to Dignity Hospital (St. Rose). If you visit one of these hospitals for non-life-threatening care, the PPO Plan will pay only \$75 of emergency room charges and you will pay the balance, which could be as much as \$3,000 per visit.

Questions about Your Benefits?

Visit the Teamsters Local 14 benefits website at www.teamsters14benefits.com, or you can call the Teamsters 14 Customer Service Line at (702) 851-8286.

