

# **APRIL 2019**



## **Benefits Basics #16:**



# Open for Business May 13: Teamsters Local 14 Family Wellness Center in Northwest Las Vegas!

We're pleased to announce that the Teamsters Local 14 Family Wellness Center in Northwest Las Vegas will open May 13, 2019. Starting then, Teamsters Security Fund for Southern Nevada—Local 14 PPO members and their families can visit both the Henderson (already open!) and Northwest Las Vegas Wellness Centers for no-cost, high-quality medical care. Our HMO Plan participants and their families can also take advantage of the Wellness Centers during 2019.

Keep reading to find out why a Wellness Center is a great option for affordable, convenient health care, when to visit a Wellness Center and what other Teamsters Local 14 members are saying about them.

### **Two Locations, Top-Notch Service**

Excellent medical care is wonderful—if you can get it. Recognizing the need for quick, convenient, and affordable medical care, Teamsters Local 14 has partnered with Activate Healthcare to open two Wellness Centers to serve our members. Both offer the same services, and both are staffed with a board-certified family medicine physician, a nurse practitioner, a physician assistant, and two medical assistants.

#### THE THREE "C's" OF OUR WELLNESS CENTERS

Teamsters Local 14 Family Wellness Centers offer three important "C's": cost, confidentiality and convenience. When combined, these three elements help to ensure an excellent medical care experience!



#### COST

- FREE services and medications for you (no copays or deductibles)
- FREE services and medications for your covered family members



#### CONFIDENTIALITY

Your medical information will not be shared with your local or your employer



#### **CONVENIENCE**

- Two convenient locations (Henderson and Northwest Las Vegas)
- Same-day visits available
- Minimal waiting times

#### SAME MEDICAL SERVICES AS YOUR PRIMARY CARE PHYSICIAN (PCP)

Why wait to see your PCP? Go to a Wellness Center and receive the same services from a board-certified physician, including:

- ➤ Primary/acute health care: Sick visits, condition management for chronic illnesses, lab/blood work and allergy testing.
- Preventive care: Physicals and annual wellness checkups, flu shots, health coaching, health profiles and personal health goal development.
- Medications: Approximately 50-75 generic prescription medications dispensed on-site.

If you want, you can even switch to a Wellness Center doctor as your PCP.

#### HERE'S WHAT MEMBERS HAVE TO SAY ABOUT THE WELLNESS CENTERS

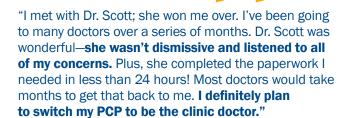


"...I was immediately greeted by the friendly staff.
Jillian Scott—the Wellness Center's physician—was
so amazing. Never rushed me. It was one of the
best experiences I've had at any doctor's office."

-Michelle A., City of Henderson employee

"Sydney—the Physician Assistant—was very thorough and professional. She called me two weeks after my visit to see how I was doing! How nice is that? I will definitely switch to the PPO next open enrollment and plan on making the Wellness Center doctor my PCP."

-Nancy R., City of Henderson employee



—John F., Southern Glazers Wine and Spirits employee

"I have been there twice and the service was outstanding! **Quick**, **easy and convenient**."

-Allen B., City of Henderson employee



## **Keep an Eye Out for Details!**

In May, you'll receive more information about the Teamsters Local 14 Family Wellness Centers.

"The clinic was **very easy to find** and **everyone was extremely nice and helpful.** I got several follow-up phone calls to check on my status. I was **really impressed with their follow-up** because normally you don't hear from the doctor's office again after you walk out the door."

-Doreen A., City of Henderson employee

## You've Got Mail!

Your 2019 Summary Plan Description (SPD) should arrive at your home in May. The SPD provides an overview of your medical, dental and vision benefits, including what's covered, any benefit limitations or exceptions, how to use your benefits, and important contact information. You can als



information. You can also find the SPD on www.teamsters14benefits.com under "Forms and Documents."



# Make Sure Your Family Is Protected

Your beneficiaries receive your life and accidental death & dismemberment insurance benefit if you die while a Teamsters Security Fund for Southern Nevada—Local 14 participant.

It's **essential** that your beneficiary elections are up-todate, including beneficiary contact information. This will help ensure that the right person receives your benefit.

Call the Teamsters 14 Customer Service line at (702) 851-8286 to confirm your current beneficiaries. If you want to make changes to your beneficiaries, complete the Enrollment Form, available on www.teamsters14benefits.com.



# Join Us on June 1 for Wet-N-Wild Teamsters Day!

On June 1, 2019, Teamsters Local 14 will join with Locals 631 and 986 for our annual Wet-N-Wild Teamsters Day. Splash around the waterpark with your family and learn about your Teamsters benefits at our Health Fair. Enjoy prizes, food, drinks—and meet these vendors:

- Activate Healthcare
- ≥ Anthem BlueCross BlueShield
- Delta Dental Plan
- ≥ EnvisionRx
- Health Plan of Nevada
- Liberty Dental Plan
- ≥ LiveHealth Online
- Zenith American Solutions.

RSVP to Debra Ledon by May 3, 2019, at (702) 384-7841, ext. 15. You can register yourself, a guest and up to two children for FREE. Purchase tickets online or at the gate for additional guests. Note: Wet-N-Wild Teamsters Day is for union members and their families.

## **Questions about Your Benefits?**

Visit the Teamsters Local 14 benefits website at www.teamsters14benefits.com



	Henderson Family Wellness Center		Northwest I	Northwest Las Vegas Family Wellness Center		
Address	1505 Wigwam Parkway, #241 Henderson, NV 89074		2	2831 Business Park Court Las Vegas, NV 89128 Open		
Hours	Mon Tues & Wed Thurs Fri	7 am - 5 pm 8 am - 6 pm 1 pm - 6 pm 6 am - 4 pm	Mon Tues & Wed Thurs Fri	7 am - 5 pm 8 am - 6 pm 8 am - 1 pm 6 am - 4 pm	May 13!	
Day-Time Phone	(702) 728-5806		(702) 844-83	(702) 844-8143		
After Hours Phone	(877) 239-9372		(877) 239-93	(877) 239-9372		

