

## Quick-Reference Guide

Visit the Teamsters Local 14 benefits website at [teamsters14benefits.com](http://teamsters14benefits.com).

Benefit	Website	Phone Number
Family Wellness Centers	<a href="http://eversidehealth.com/teamsters14">eversidehealth.com/teamsters14</a>	Henderson: 702-728-5806 Las Vegas: 702-844-8143 After hours: 877-239-9372
<b>PPO Plan</b>		
Anthem	<a href="http://anthem.com">anthem.com</a>	702-851-8286
Behavioral Health	<a href="http://harmonyhc.com/eap/accounts/teamsters-14">harmonyhc.com/eap/accounts/teamsters-14</a>	702-251-8000 800-363-4874
Coalition Hospitals	<a href="http://vhsc.org/coalition">vhsc.org/coalition</a>	702-474-4418
Elixir	<a href="http://elixirsolutions.com">elixirsolutions.com</a>	800-361-4542
Telemedicine	<a href="http://livehealthonline.com">livehealthonline.com</a>	888-548-3432
<b>HMO Plan</b>		
Health Plan of Nevada	<a href="http://myhpnonline.com">myhpnonline.com</a>	702-242-7300 800-777-1840
Telemedicine	<a href="http://nowclinic.com">nowclinic.com</a>	877-550-1515 Behavioral Health: 800-873-2246
<b>Dental Plans</b>		
Dental PPO Plan	<a href="http://deltadentalins.com">deltadentalins.com</a>	702-851-8286
Dental DHMO-EPO Plan (Benefit Plan NV-400)	<a href="http://libertydentalplan.com">libertydentalplan.com</a>	888-401-1128
<b>Vision Plan</b>		
VSP	<a href="http://vsp.com">vsp.com</a>	800-877-7195
<b>Life and Accident Insurance Plans</b>		
Zenith American Solutions	<a href="http://teamsters14healthfund.com">teamsters14healthfund.com</a>	702-851-8286



P.O. Box 27287  
Las Vegas, NV 89126-1287



## Questions About Your Benefits?

Visit the Teamsters Local 14 benefits website at [teamsters14benefits.com](http://teamsters14benefits.com).

# Know Where to Go

Unsure of where to go for care? Save time and money by taking a short quiz to see what care option is best for you. Use the QR code or visit [teamsters14benefits.com](http://teamsters14benefits.com).



# Open Enrollment Starts October 15!



## 2023 Open Enrollment

Don't miss the once-a-year opportunity to review and make edits to your benefit elections for the upcoming year. Other than after a qualifying life event, this is the only time you can change your coverage. From October 15 to November 15, you can:

- Review your current plan
- Enroll in or change your medical and/or dental plan
- Add or drop eligible dependents
- Update your beneficiary information

All changes you make during this period will take effect on January 1, 2023. If you do not plan to make any changes for 2023, it's still a good idea to review all your options.

### Spousal Affidavit Due November 15!

To cover a spouse in 2023, complete the **spousal affidavit** by the end of open enrollment.

The spousal affidavit will be available at [teamsters14healthfund.com](https://www.teamsters14healthfund.com) starting October 15—it must be completed and returned by **November 15**, even if you completed it last year.

The spousal affidavit indicates whether your spouse can enroll in other group medical coverage through a current employer. **If you do not complete the form on time, your spouse will lose medical and prescription drug coverage.**

### When You'll Pay the \$300 Surcharge

You'll pay the \$300 per month surcharge if:

- You elect to pay a \$300 monthly surcharge instead of completing the spousal affidavit.
- Your spouse has other coverage available to them, and they instead enroll in your plan as primary coverage.

If any changes have affected your dependents' status, such as divorce or legal separation, please notify the Fund Office (**702-851-8286**) as soon as possible.

### If You Don't Enroll

If you don't enroll by November 15, 2022, you and your covered children will keep the same coverage you have today; however, **your spouse will not**. If you do not complete the spousal affidavit by November 15, your spouse **will lose** medical coverage on January 1, 2023, even if they are currently covered under your medical plan.

To make changes to your coverage for 2023, visit [teamsters14healthfund.com](https://www.teamsters14healthfund.com).

## Flu Season Is Coming

Get your flu shot today and be ready for the upcoming flu season! The Family Wellness Center offers free flu shots.

To schedule, call:

- Henderson: **702-728-5806**
- Northwest Las Vegas: **702-844-8143**

If you prefer to visit a different in-network provider, you'll pay \$0 for a flu shot.

### Manage Your Health

Be proactive with your health and make preventive care a priority. Regular preventive visits are vital in managing current or potential chronic conditions. Schedule a routine checkup today at the Family Wellness Center or any in-network provider and you'll pay \$0!

