

Quick-Reference Guide

Visit the Teamsters Local 14 benefits website at [teamsters14benefits.com](https://teamsters14benefits.com).

Benefit	Website	Phone Number
Family Wellness Centers	<a href="https://clients.marathon.health/teamsters14">clients.marathon.health/teamsters14</a>	702-553-3635 Henderson: Press 1 Northwest Las Vegas: Press 2
PPO Plan		
Anthem	<a href="https://anthem.com">anthem.com</a>	702-851-8286
Behavioral Health	<a href="https://harmonyhc.com/eap/accounts/teamsters-14">harmonyhc.com/eap/accounts/teamsters-14</a>	702-251-8000 800-363-4874
Coalition Hospitals	<a href="https://lhsc.org/coalition">lhsc.org/coalition</a>	702-474-4418
Elixir Pharmacy Benefits	<a href="https://elixirsolutions.com">elixirsolutions.com</a>	800-361-4542
Telemedicine	<a href="https://livehealthonline.com">livehealthonline.com</a>	888-548-3432
HMO Plan		
Health Plan of Nevada	<a href="https://healthplanofnevada.com">healthplanofnevada.com</a>	702-242-7300 800-777-1840
Telemedicine	<a href="https://nowclinic.com">nowclinic.com</a>	877-550-1515 Behavioral Health: 800-873-2246
Dental Plans		
Dental PPO Plan	<a href="https://deltadentalins.com">deltadentalins.com</a>	702-851-8286
Dental DHMO-EPO Plan (Benefit Plan NV-400)	<a href="https://libertydentalplan.com">libertydentalplan.com</a>	888-401-1128
Vision Plan		
VSP	<a href="https://vsp.com">vsp.com</a>	800-877-7195
Life and Accident Insurance Plans		
Zenith American Solutions	<a href="https://edge.zenith-american.com">edge.zenith-american.com</a>	702-851-8286



Teamsters Security Fund  
for Southern Nevada  
Local 14

P.O. Box 27287  
Las Vegas, NV 89126-1287



Questions About Your Benefits?

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Care Your Way

When it comes to receiving health care services, know that your Teamsters Local 14 medical plan provides you with a variety of options to choose from. For non-emergency, everyday health concerns, telemedicine is the easiest—and quickest—way to receive care from a board-certified physician without having to leave the comfort of your home.

Keep reading for more information on how both PPO and HMO plan members can take advantage of your telemedicine benefits, or visit your benefits website at [teamsters14benefits.com](https://teamsters14benefits.com).

# Your Health, Your Call



Telemedicine provides many great benefits and allows you to call the shots when it comes to where and when you receive medical care. Whether at home or on the go, you can meet remotely with health care professionals via a video visit for a variety of medical conditions. Through your smartphone, tablet, or computer, you can receive same-day care and feel better faster without the worry of having to wait for an appointment with your primary care physician (PCP).

Both PPO and HMO members have telemedicine benefits that connect you with trained doctors who can help treat common health concerns, including:

- Flu
- Minor rashes
- Skin infections
- Allergies
- Colds and fevers
- Sore throats
- Tooth pain
- And more!

It's your call. To receive confidential care in the palm of your hands, simply schedule a virtual visit with a doctor to discuss your current symptoms, receive recommended treatment, and even get a prescription (non-controlled substances only) sent straight to your pharmacy, if needed. And that's not all. Taking advantage of this benefit will cost you very little out of pocket, so you won't break the bank to receive care the way you choose.

Schedule your consultation today:

➤ **Teamsters Local 14 Family Wellness**

**Centers:** Visit [marathon.health/mobile](https://marathon.health/mobile) to schedule a virtual visit with a provider at the Fund's wellness centers. Appointments are available during regular wellness center hours.

➤ **PPO members:** Visit [livehealthonline.com](https://livehealthonline.com)

to schedule a virtual visit with a doctor, available 24/7.

➤ **HMO members:** Visit [nowclinic.com](https://nowclinic.com) to schedule a virtual visit with a doctor, available 24/7.

## DID YOU KNOW?

The Teamsters Local 14 Family Wellness Centers through Marathon Health also offer telemedicine benefits! Receive high-quality care with little to no out-of-pocket cost by registering for your patient portal and scheduling a virtual appointment with a provider. Using the Fund's wellness centers saves you and the Fund money. For quick and easy access to your patient portal, download the Marathon Health mobile app by scanning the QR code or by visiting [marathon.health/mobile](https://marathon.health/mobile).

